# River Oaks Lunch Menu - Upper School

## January 22 through February 15

**$4.00/ Day (Second plate $2.00 no charges)**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **21**<br>**MARTIN LUTHER KING DAY NO SCHOOL** | **22**<br>Chicken Nuggets<br>Stewed Potatoes<br>Green Beans<br>Biscuit Pears<br>or Soup & Salad Bar | **23**<br>Hamburgers<br>Steak Fries<br>Rice Krispy Treat<br>or Baked Potato & Salad Bar | **24**<br>Red Beans & Rice with Sausage<br>Cornbread<br>Peach Cobbler<br>or Soup & Salad Bar | **25**<br>**McDonald's Circle choice below** |
| **28**<br>Beef Tips<br>Mashed Potatoes<br>Fried Okra<br>Biscuits<br>Pineapple or<br>Soup & Salad Bar | **29**<br>Chicken Fryz<br>Rice & Gravy<br>Squash<br>Cornbread<br>Yellow Cake or<br>Soup & Salad Bar | **30**<br>Chicken Sandwich<br>French Fries<br>Yogurt<br>or Baked Potato & Salad Bar | **31**<br>Soup<br>Grilled Cheese Sandwich<br>Banana Pudding<br>Salad Bar | **1**<br>**Johnny's Circle choice below** |
| **4**<br>Cheese Pizza<br>Corn on the Cob<br>Tropical Fruit<br>or Soup & Salad Bar | **5**<br>Popcorn Chicken<br>Buttered Noodles<br>Broccoli<br>Biscuit<br>Apple Cobbler or<br>Soup & Salad Bar | **6**<br>Chili Dogs<br>Seasoned Fries<br>Brownies<br>or Baked Potato & Salad Bar | **7**<br>Baked Chicken<br>Wild Rice<br>Green Beans<br>Rolls<br>Blueberry Delight or<br>Soup & Salad Bar | **8**<br>**Chick-Fil-A Circle choice below** |
| **11**<br>Salsa Chicken<br>Rice<br>Biscuits<br>Peaches<br>or Soup & Salad Bar | **12**<br>Chicken Strips<br>Macaroni & cheese<br>Green Beans<br>Rolls<br>Strawberries & Bananas<br>or Soup & Salad Bar | **13**<br>Hamburgers<br>Curly Q's<br>Ice Cream<br>or Baked Potato & Salad Bar | **14**<br>Gumbo<br>Salad Bar<br>Red Velvet Cake | **15**<br>**McDonald's Circle choice below** |

**** Return by Wednesday, January 16****

**Grade:** _____ **Name:** _____

**Circle Dates Below:**

**Circle Dates Below: Circle the date for a hot meal or circle the S or P for soup or potato**

| M | T | W | Th | F |
|---|---|---|---|---|
| | 22 | 23 | 24 | 25 |
| | S | P | S | |

**McDonald's**
**QP w cheese**
**QP w/o cheese**
**Chicken Nuggets**
**Chicken Sandwich**

| M | T | W | Th | F |
|---|---|---|---|---|
| 28 | 29 | 30 | 31 | 1 |
| S | S | P | S | |

**Johnny's**
**Pepperoni**
**Cheese**

| M | T | W | Th | F |
|---|---|---|---|---|
| 4 | 5 | 6 | 7 | 8 |
| S | S | P | S | |

**Chick-Fil-A**
Nuggets w/chips
Sandwich w/chips

| M | T | W | Th | F |
|---|---|---|---|---|
| 11 | 12 | 13 | 14 | 15 |
| S | S | P | S | |

**McDonald's**
**QP w cheese**
**QP w/o cheese**
**Chicken Nuggets**
**Chicken Sandwich**

**Number of Days:** _____ x $4.00= _____